

Summary Screen

The Summary screen gives you a day-by-day view of your journal — every reading and every meal, side by side. Use My Summary for aggregate statistics over any custom date range.

The Date Strip

At the top, a date strip shows recent days. The selected day is highlighted. Tap any day to jump to it. Use the < and > arrows to scroll back in time. Tap Select Date to jump directly to any specific date.

Reading & Meal Detail

Below the strip, all readings and meals for the selected day are listed — colour-coded (green = in range, amber/red = above target). Tap the ✎ pencil on any entry to edit or delete it directly from this screen.

My Summary — Custom Date Statistics

1

Set From Date

Tap the From field and pick a start date.

2

Set To Date

Tap the To field and pick an end date.

3

Tap Show

To display a summary of your data across the selected date range.

4

Collapse

Tap Hide to close the stats.

■ My Summary is completely independent of the date strip — you can view any date range without affecting the daily view above.

GD SugarLog is a personal tracking tool and is not a substitute for medical advice.